

Pre-Conference Workshop

21st October 2021

2nd International Conference on Sports Engineering



Register online at: <http://icse.sportsea.org/registrations.php>
Send your query: sportsengineeringindia@gmail.com

PRE-CONFERENCE WORKSHOP

A pre-conference Workshop will be organized on 21st October, the first day of the conference. It is planned to conduct demonstration on hands-on application on sports training during the same. This workshop is specifically designed for all sport practitioners: Physical education teachers, Students, Coaches, Athletes and also for Engineering who would like to know how to apply the engineering & science in sports.

DURATION: Two hours

RESOURCE PERSONS: Internationally known sports performance trainers and Coaches

WHAT THE WORKSHOP IS ALL ABOUT

The workshop is intended to help participants to incorporate a technology aided framework into their existing sport lessons and trainings. This will equip them with deeper understanding of the essential components of technology in sports as it is practiced, help to calculatedly design sporting activities and add value to the profession.

THE WORKSHOP WILL COVER

- Practical Demonstration of Values-based training session
- Motion capture and concepts of sports biomechanics in applied sports training.
- Exercise techniques of using exercise machines for sports and fitness training.
- Refreshing change on exercises (Dos and don'ts) including science of breathing during exercises.
- Wearable devices used in sports training for tracking performance or injury risk in real-time

WHO CAN PARTICIPATE

Attendance to the Workshop is open to delegates registered for the main conference, paying an additional fee of Rs. 500/- (\$30 for foreign delegates). Please Note: Workshop-only registration is NOT permitted. One cannot opt to register for the workshop only without the registration for the conference.